



SUGGESTED ITEMS FOR THE CHRISTIAN FOOD PANTRY

**Cereal/Hot or Cold
Pancake Mix/Syrup
Applesauce Cups
Canned Fruit
Canned Veggies
Peanut Butter
Tuna
Coffee
Juicy Juice or Apple Juice (low sugar)**

**Rice or Noodles
Mac & Cheese
Spaghetti/Pasta
Spaghetti Sauce
Soup
Baked Beans
Crackers
Jello**

**Dish Soap
Bath Soap/Body Wash
Laundry Detergent
Plastic Wrap
Diapers**

**Facial Tissue
Bathroom Tissue
Shampoo
Aluminum Foil
Baby Wipes**